



Mt. Tabor SUN Community School

Winter 2019 After school programs

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Dear Students & Parents of Mt. Tabor Middle School:

SUN (Schools Uniting Neighborhoods) is very excited to offer new classes this winter, as well as some old favorites! Attached is a comprehensive list of activities you have to choose from, along with a registration & a release of information form. The enclosed forms are necessary for you to complete in order to grant your child permission to participate in our after-school programs.

Registration: Forms are due Wednesday, December 12th.

Return completed forms to the SUN office (Rm. 106). Students' schedules will be distributed by classroom teachers on Wednesday, January 2nd.

Winter term begins/ends: Monday, January 7th - Thursday March 21st.

Daily Schedule:

7:45am - 9am	Class in session	Jazz Band meets in the Band room.
3:45pm-4pm	Snack/Sign in	Meets in Cafeteria - As soon as they are released from school, students enrolled in SUN should head to the cafeteria for snack and sign in. (Students provide their own snack).
4pm-5pm	Classes in session	Sudents will be released to their SUN class. (Fencing, HW Club, Pokemon/Magic Cards, Sports Mixer, Rock Music Jammers, Photography, Drama, Knitting, Board/Gamers Club, Chess Club, Garden Club, Open Gym, Debate Club)
4-5:30pm	Classes in session	Girls INC & After School Band

Enrollment Eligibility:

We will make our best effort to accommodate your class selections; however, we cannot guarantee that every class you choose will be available. Please use the section on the back of the form to inform us of any special registration needs or concerns.

Evening Programs:

We offer a variety of classes throught Portland Parks and Recreation, such as Belly Dancing, Yoga, Soccer for ages 4 to 8, Self Defense and even Zumba! CHECK OUT our evening classes offered right here at Mt. Tabor Middle school for younger and wiser ages at www.portlandparks.org for more information.

Commissioner Nick Fish

Interim Director Kia Selley



SUN Community Schools are a collaboration between Multnomah County; Department of School and Community Partnerships, the City of Portland; Portland Parks & Recreation and Centennial, Reynolds, Parkrose, David Douglas, Gresham-Barlow and Portland Public School Districts.



SUN After School Course Descriptions

NEW After School BAND: Come hang out after school with Erick Escobar and play music for fun and for possible preparation for high school! All instruments are invited! Recommend at least 1 year of experience. Private lessons for brass players, music theory and reading skills for all instruments. Tuesday, Thursday, Friday. 4-5:30pm 1/8-3/22 (No class 1/22) (\$120)
Board/Gamers Club: Come play board games against fellow classmates! Thursday 4-5pm 1/10-3/21 \$10 fee.
Chess Club: Students of all levels are welcome to come to learn the game of chess. Thursday 4-5pm 1/10-3/21 \$10 fee
Debate Club: If you find yourself constantly arguing with other people or you feel passionate and want to speak our, you should check out debate club to become a great debater. Tuesday 4-5pm 1/8-3/19 (No class 1/22) \$15 fee
Drama- Winter Term Develop a foundation in the world of theatre, through theatre games, improvisations, movement, storytelling & voice exercises and learn what's expected of young actors. Thursday 4-5 1/10-3/21 \$25 fee.
Fencing: Introduction to tactics, techniques, footwork & blade work builds life long qualities! No experience needed! Sign up online @ www.portlandparks.org Monday 4-5pm 1/7-3/18 (No school 1/21, 2/18) \$31.50 fee
Garden Club: An awesome new club ran by Mt. Tabor's own Mr. Blackford, that teaches you how to conserve and protect plants, trees, shrubs, and flowers. You will learn to appreciate nature! Thursday 4-5pm 1/10-3/21 Free
Girls Inc.-Mind and Body The Mind + Body program focuses on four areas of creating a healthy, positive sense of self: physical activity, nutrition, body image, & stress management. Tuesday 4-5:30pm 1/8-3/19 (No school 1/22) Free
Homework Club: Finish up work with your teachers. Monday & Wednesday 4-5pm 1/7-3/20 (No class 1/21, 2/18) Free
Fall Term Jazz Band : Jazz Band meets Monday thru Wednesday Mornings before school with the director Ryan Meagher. Instruments include: flute; bass & Bb clarinet; alto,tenor & bariton saxs; bassoon; trumpet; trombone; baritone; tuba; guitar; piano; bass; drums and percussion. Jazz Band 101: Intro/basics and building a fundamental basic to Jazz Band. Required for 1st year Jazz Students, recommended for 2nd year Jazz students. Monday & Tuesday (No class 1/21, 1/22, 2/18) \$135 fee Jazz Band 102: Reviewing the Fundamentals of Jazz, while exploring familiar music that is modern. Geared toward students who took Jazz Band before (7th & 8th graders) Tuesday & Wednesday (No class 1/22) \$135 fee
Knitting: Learn all sorts of knitting & crocheting skills. Students provide own supplies. Wednesday. 1/9-3/20 \$25 fee.
Pokemon/Magic Card Gatherings: Battle your friends and other classmates with your Magic Cards! Please bring your own cards. Monday 1/7-3/18 (No school 1/21 & 2/18) \$10 fee.
Open Gym: A place where you can come play various sports and games in the gym. Thursdays 4-5pm 1/10-3/21 Free
Rock Jammers: Come jam out with Jamie the Tech guy! Please bring instruments. Tuesday in band room 1/8-3/19 (No school 1/22) \$10 fee.
NEW Sports Mixer: Come with your friends for planned days of games. Tuesday 1/8-3/19 (No class 1/22) Fee \$10

STUDENT NAME: _____

Clearly mark your 1st & 2nd choices for each day that you want to participate

Morning SUN Programs (7:45am-9am)									
Monday		Tuesday		Wednesday		Thursday		Friday	
Jazz Band (7:45-9am)		Jazz Band (7:45-9am)		Jazz Band (7:45-9am)					
After-School Programs (3:45pm-5pm/5:30pm)									
Monday		Tuesday		Wednesday		Thursday		Friday	
Fencing (Small Gym) \$31.50		Girls Inc. (Rm. 112) 4-5:30pm		Homework Club (Library)		Drama (Cafeteria) \$25		After-School Band	
Homework Club (Library)		Debate Club (Cafeteria) \$15		Knitting (Rm. 105) \$25		Board/Gamers Club (Cafeteria) \$10			
Magic Cards (Rm. 109) \$10		Sports Mixer (Big Gym)				Chess Club Rm. 113) \$10			
		Rock Music Jammers (Rm.131)				Garden Club (Cafeteria)			
<i>Use this section to indicate special registration needs or concerns; rank your preferred days, etc. We will make our best effort to accommodate your scheduling needs.</i>						Open Gym (Big Gym)			
						After School Band			